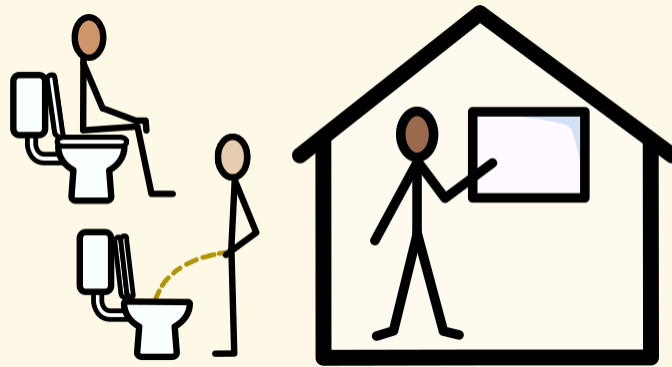




Going to the Toilet at School



A Story to Help



Going to the Toilet at School

Symbol Supported Story to Help

NB - Choose page 10 or 11 depending on needs.

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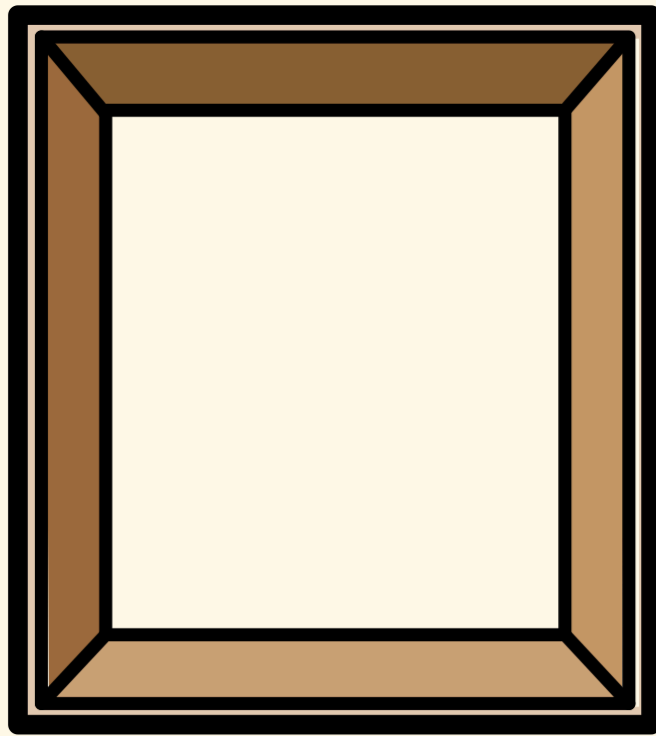
Story written and created in collaboration with Lynn McCann, Autism Specialist at Reachout ASC and author of 'Stories that Explain' published by LDA.

Web: <https://reachoutasc.com/>

Facebook: <https://www.facebook.com/ReachoutASC>

This resource was made primarily with a single skin-tone as it is intended to be used with a specific person. To personalise the story, you can customise skin-tones, change symbol colours and add your own photos. For more information on how to do this, access our free training webinars at <https://www.widgit.com/training/index.htm>

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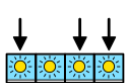
My name is



I am in



class.



I usually



eat



my breakfast



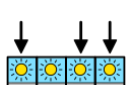
in the morning



and have a drink.



My family



usually

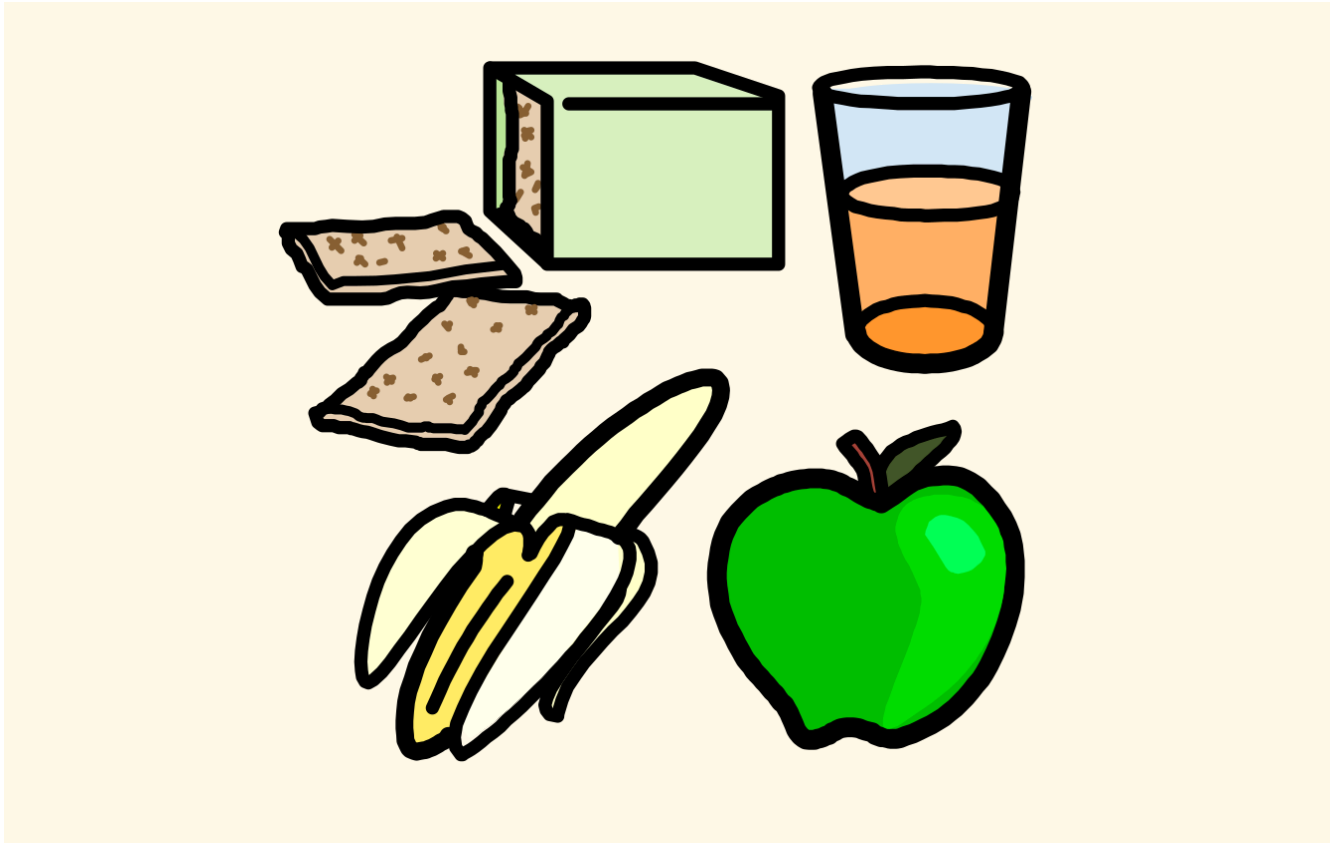


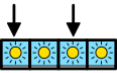
eat

and



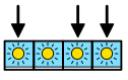
drink too.

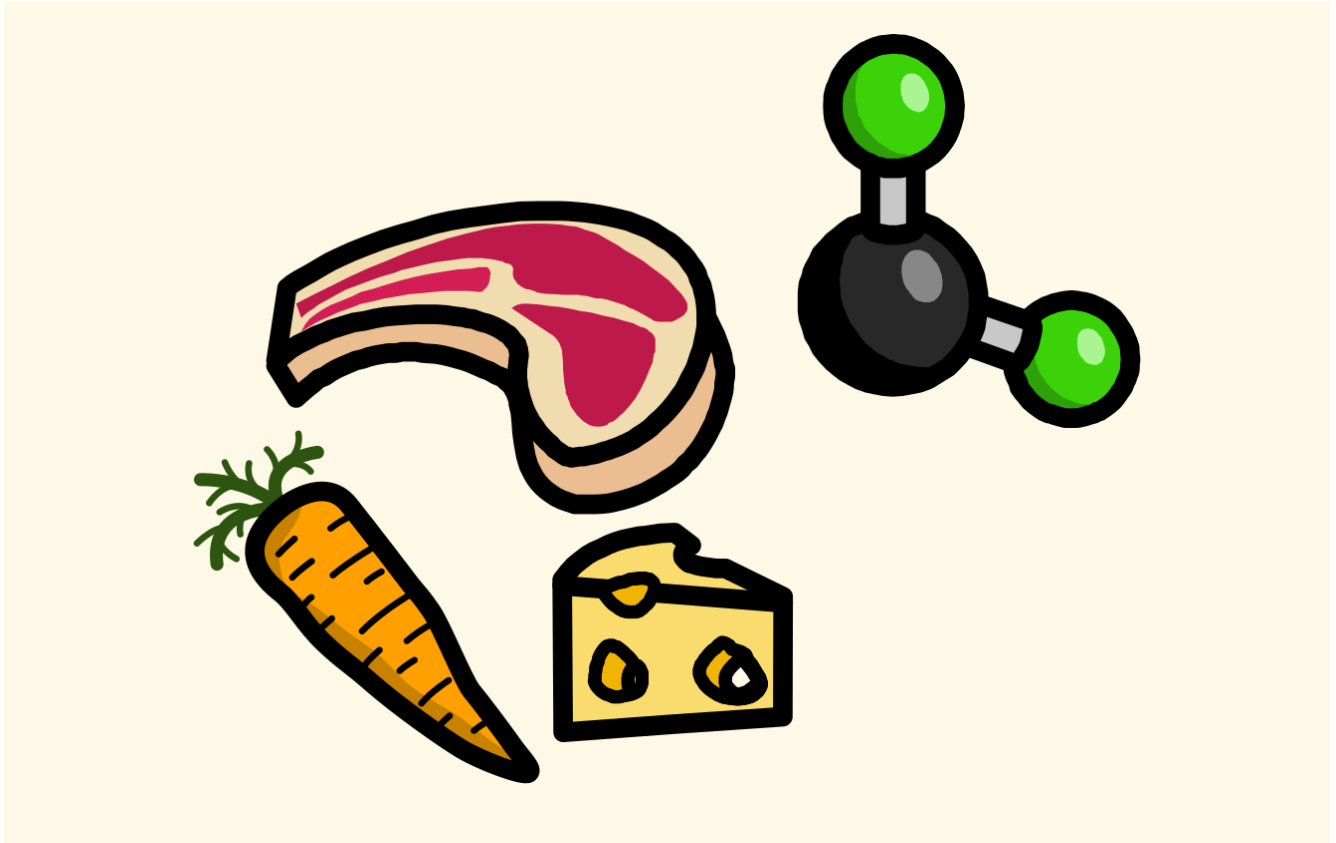



 Some days
 
 I
 
 go to school.


 I might
 
 eat a snack
 
 at playtime
 and
 
 have a drink.

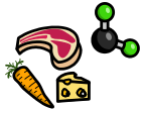

 I might
 
 eat a meal at lunchtime
 and
 
 have a drink.


 My friends
 
 usually
 
 eat
 and
 
 drink
 too.





 Bodies get good things from food and drink.
 

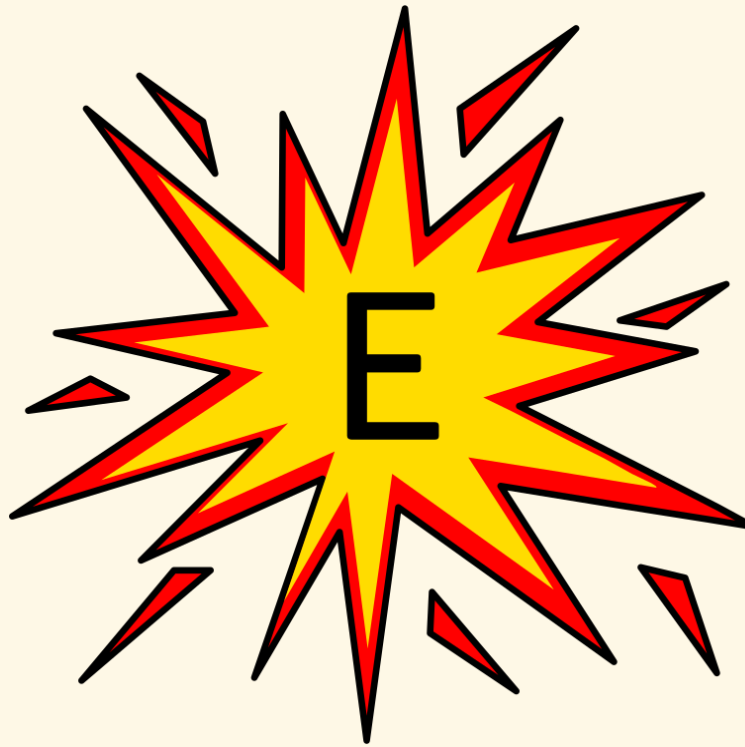

 These good things are called nutrients.
 



 People get energy from eating and drinking.
 



 This is good.



Food and drink



that is not



used for energy

in



our bodies



turns into



wee

and



poop.



Our bodies



need to get

the



wee

and



poop

out

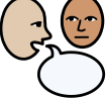


to keep us healthy.



 to
  to
  or
 .

 I could
  show
  my toilet
  symbol
 or
  sign
  'toilet.'

 I could
  say
  "Toilet
  please."

 I could
  go
  alone
 or with a
  grown up.



I can



go



to the toilet



that feels the safest

to



me.



It might



smell bad



and the hand dryer



might



make a noise.



People



might



not



like

the



smell

or



noise.



This is okay.

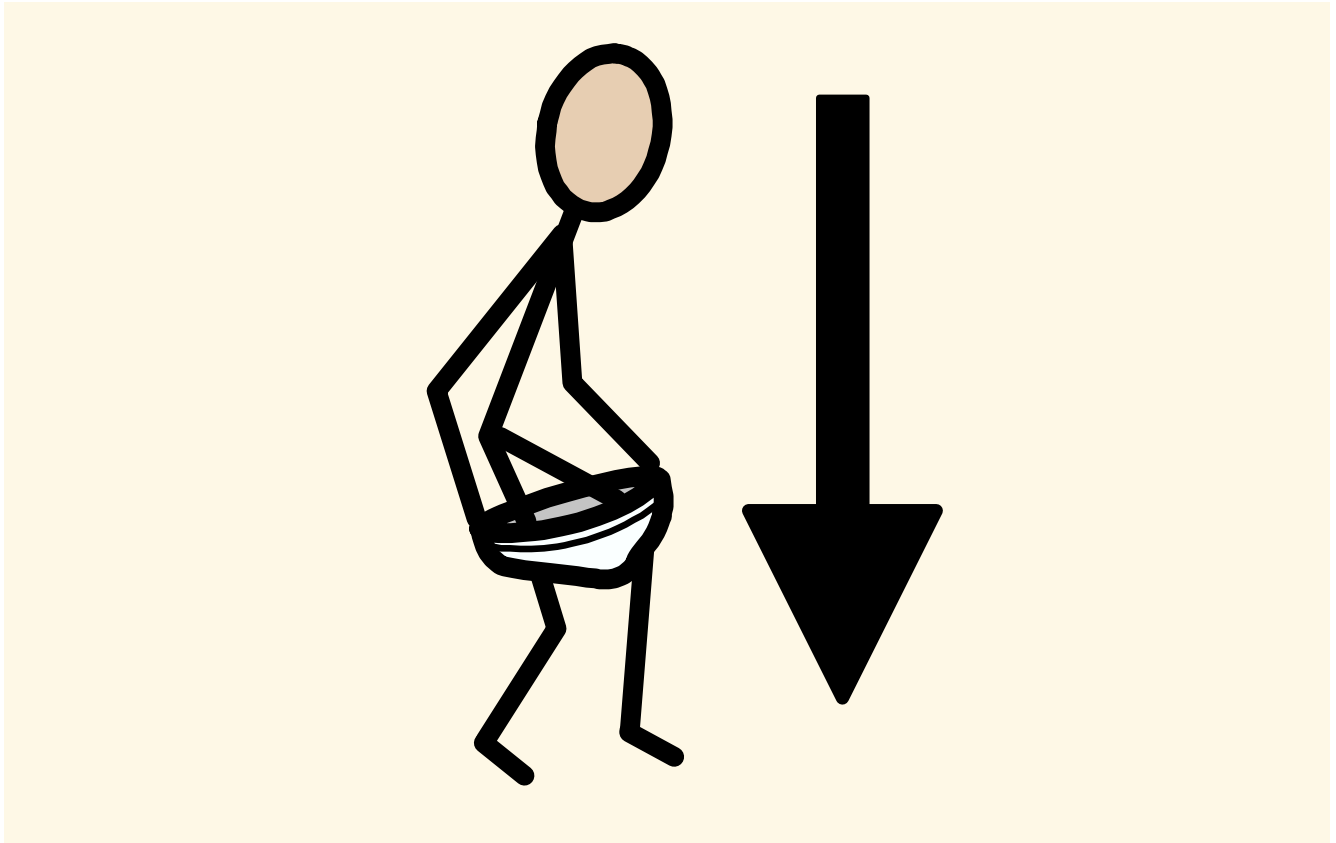


 My teacher or  TA can help me.

 I could  use the  quiet  toilet.

 My teacher  could  switch  the hand dryer  off.

 This is good.



I can



go



in the cubicle.



I can



pull down my pants.



I can



sit on the toilet.



I can try

to

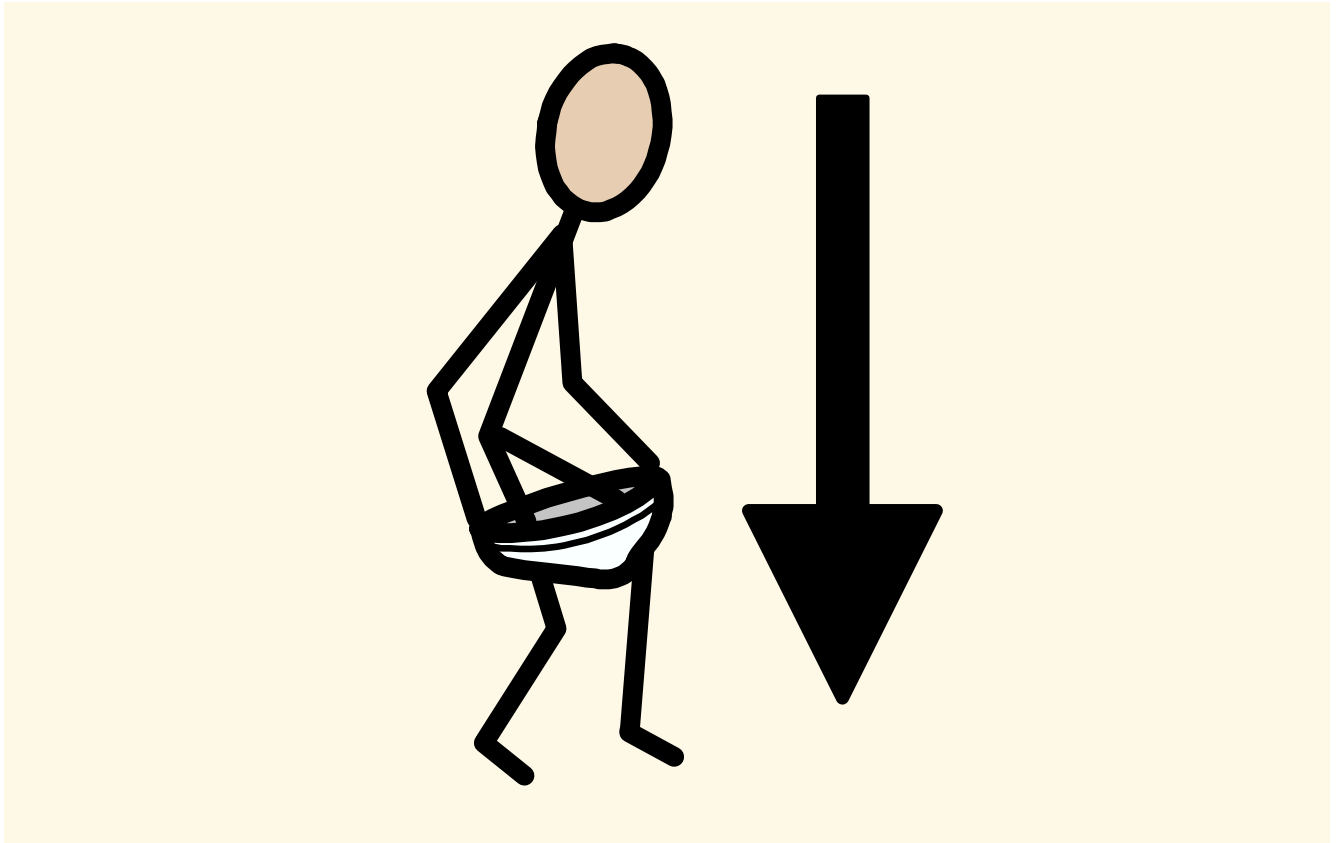


wee

or



poop.



I can



go



in the cubicle

or to a



urinal.



I can



pull down my pants.



I can



sit on the toilet

or



stand at the urinal.



I can try

to

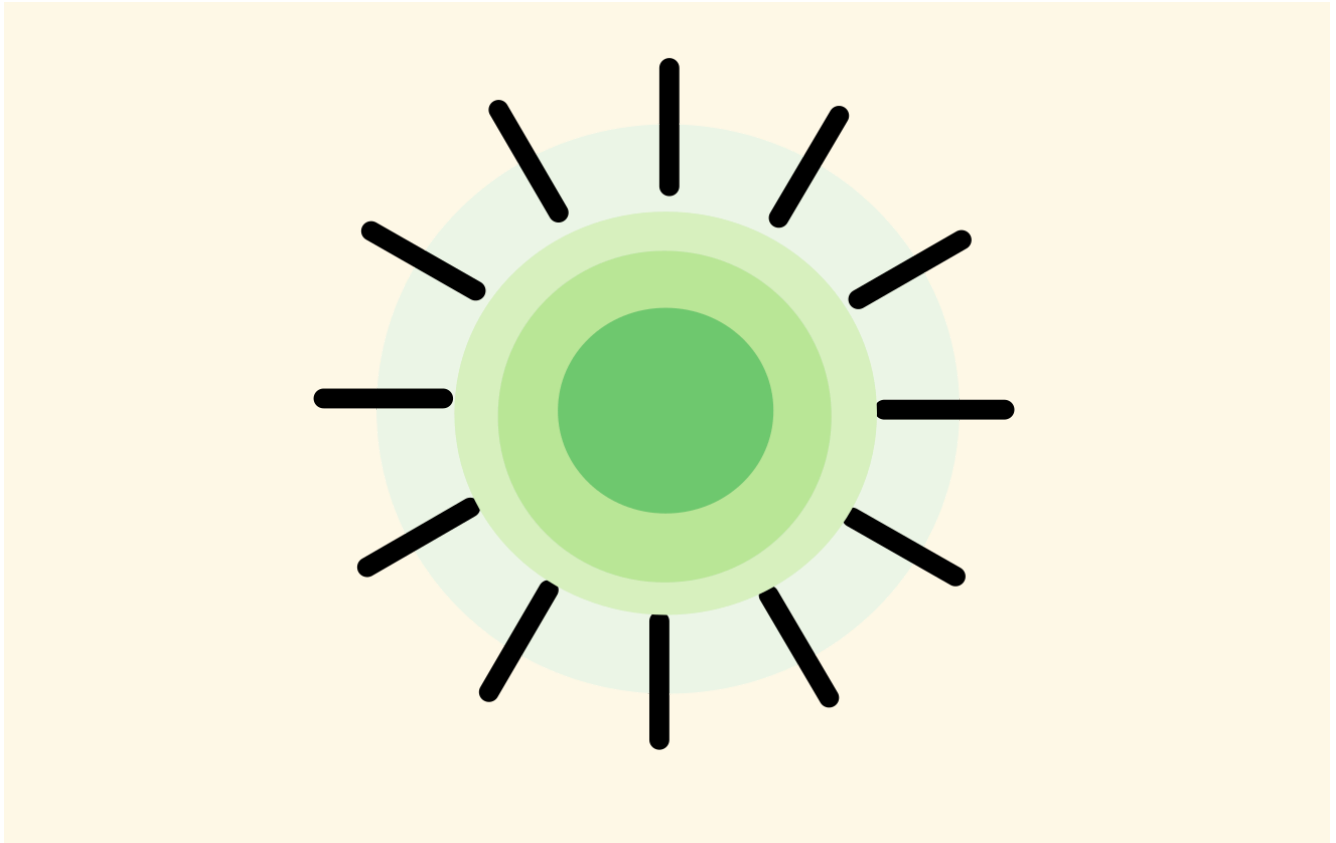
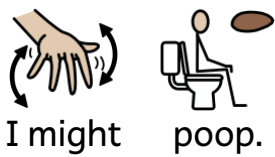


wee

or



poop.









 My adult might help me to wipe.






 I can ask them to help me wipe.





 I will finish wiping.




 I will pull up my pants.



People



should



wash their hands



after



wiping.



People



should



dry their hands



after



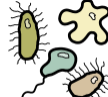
washing them.



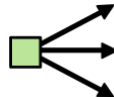
Clean hands



stop



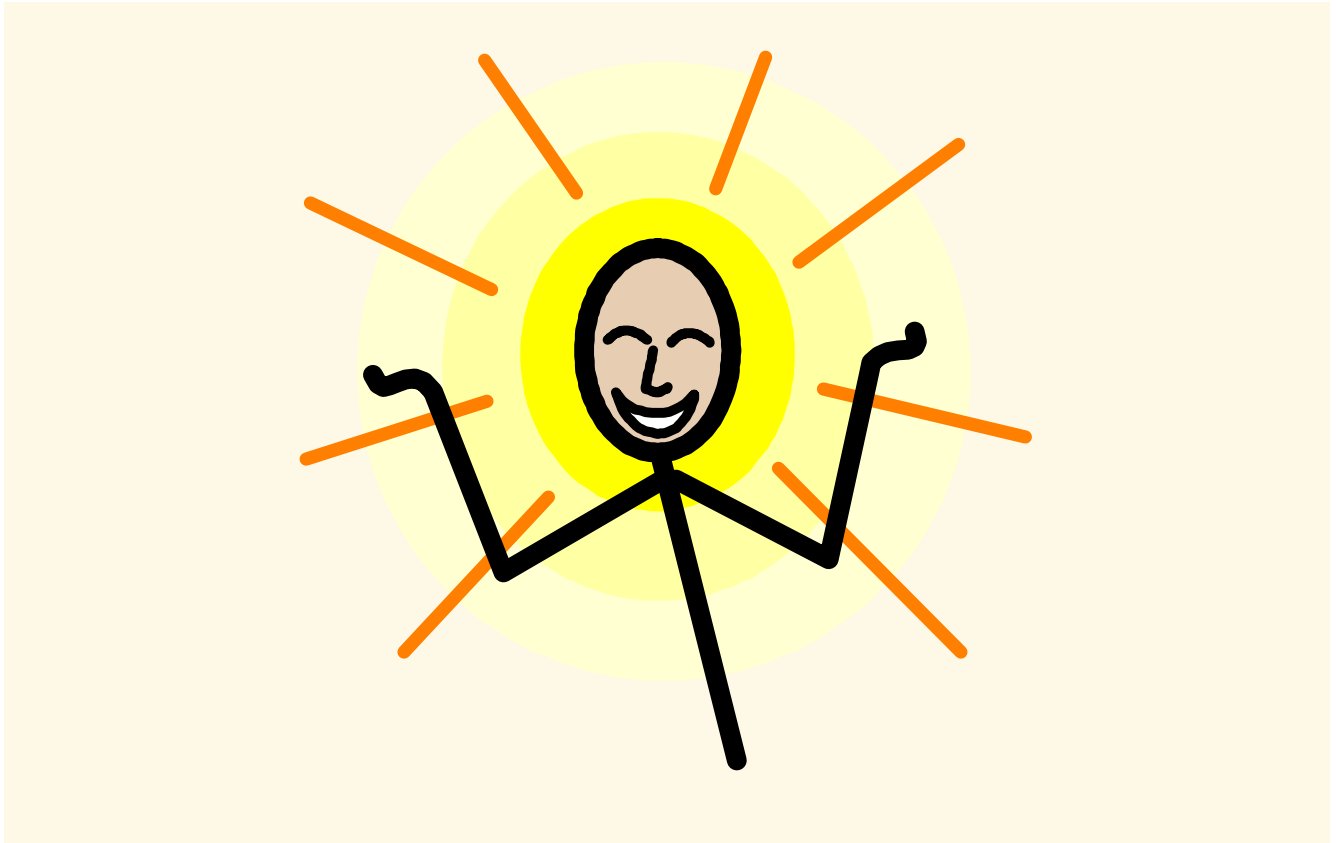
germs



spreading.



This is good.



I can



go to the toilet.



I can



wash my hands



after



using the toilet.



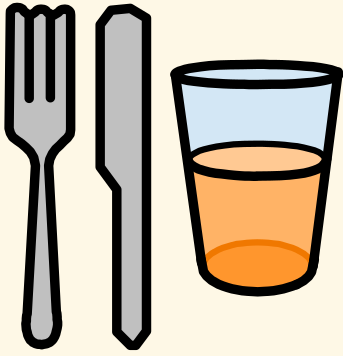
Well done



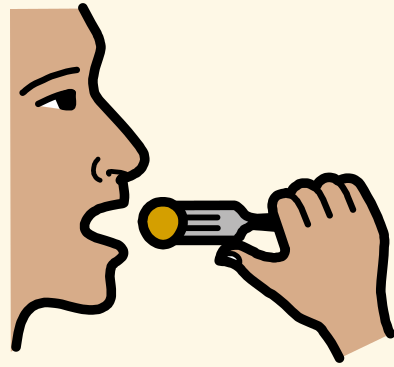
me!



Brilliant!



food and drink



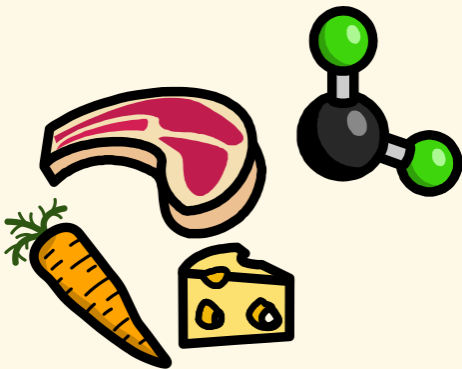
eat



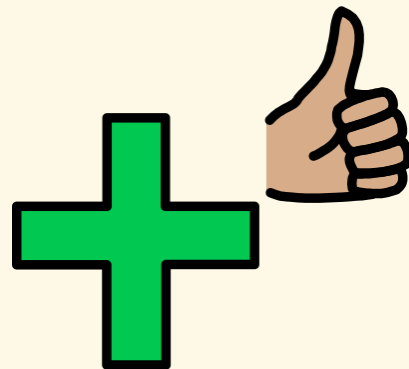
drink



breakfast



nutrients



healthy



wee



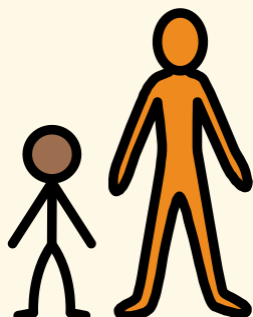
poop



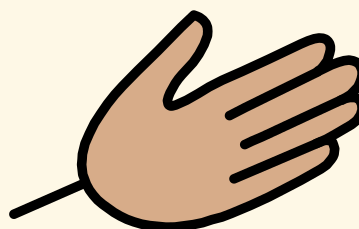
toilet



feel safe



adult



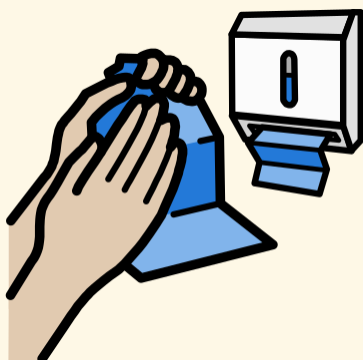
help



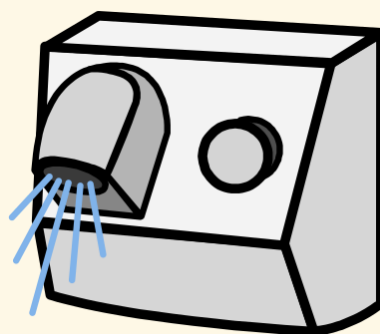
wipe



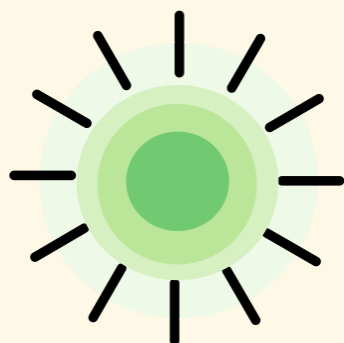
wash hands



dry hands



dry hands



clean



well done