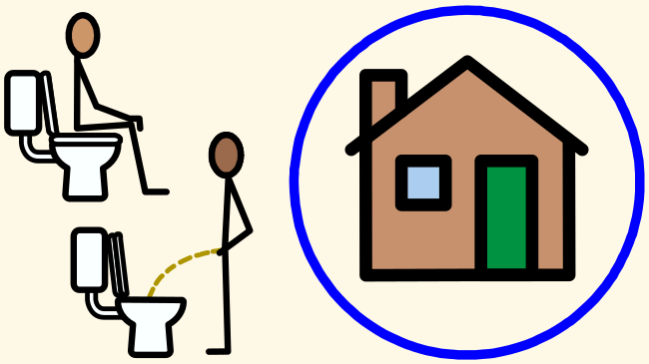
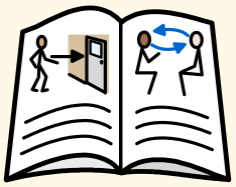


Going to the Toilet at Home



A Story to Help

Widgit

Reachout
Autism Support Consultants

Created in WidgitOnline.com for Westvale Primary School

Widgit Symbols © Widgit Software Ltd 2002 - 2026

Going to the Toilet at Home

Symbol Supported Story to Help

NB - Choose the most appropriate option for your child from pages 8 - 10.

Published by Widgit Software Ltd

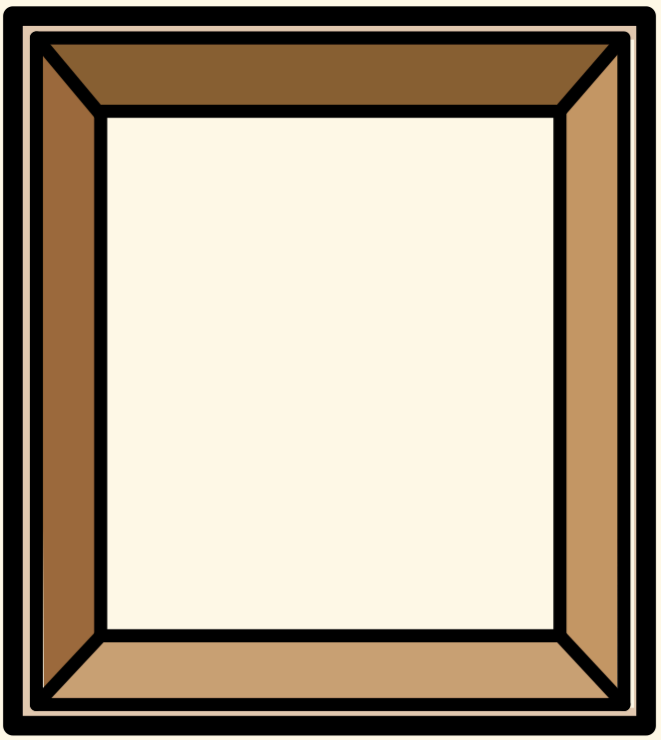
Tel: 01926 333680
Email: info@widgit.com
Web: www.widgit.com

Story written and created in collaboration with Lynn McCann, Autism Specialist at Reachout ASC and author of 'Stories that Explain' published by LDA.

Web: https://reachoutasc.com/
Facebook: https://www.facebook.com/ReachoutASC

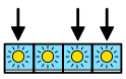
This resource was made primarily with a single skin-tone as it is intended to be used with a specific person. To personalise the story, you can customise skin-tones, change symbol colours and add your own photos. For more information on how to do this, access our free training webinars at https://www.widgit.com/training/index.htm

All of the materials are copyright. Files and documents printed from those files may be used within the purchasing organisation. They may not be passed to other centres.

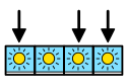


My name is . . . . . .

I live at home with . . . . . .



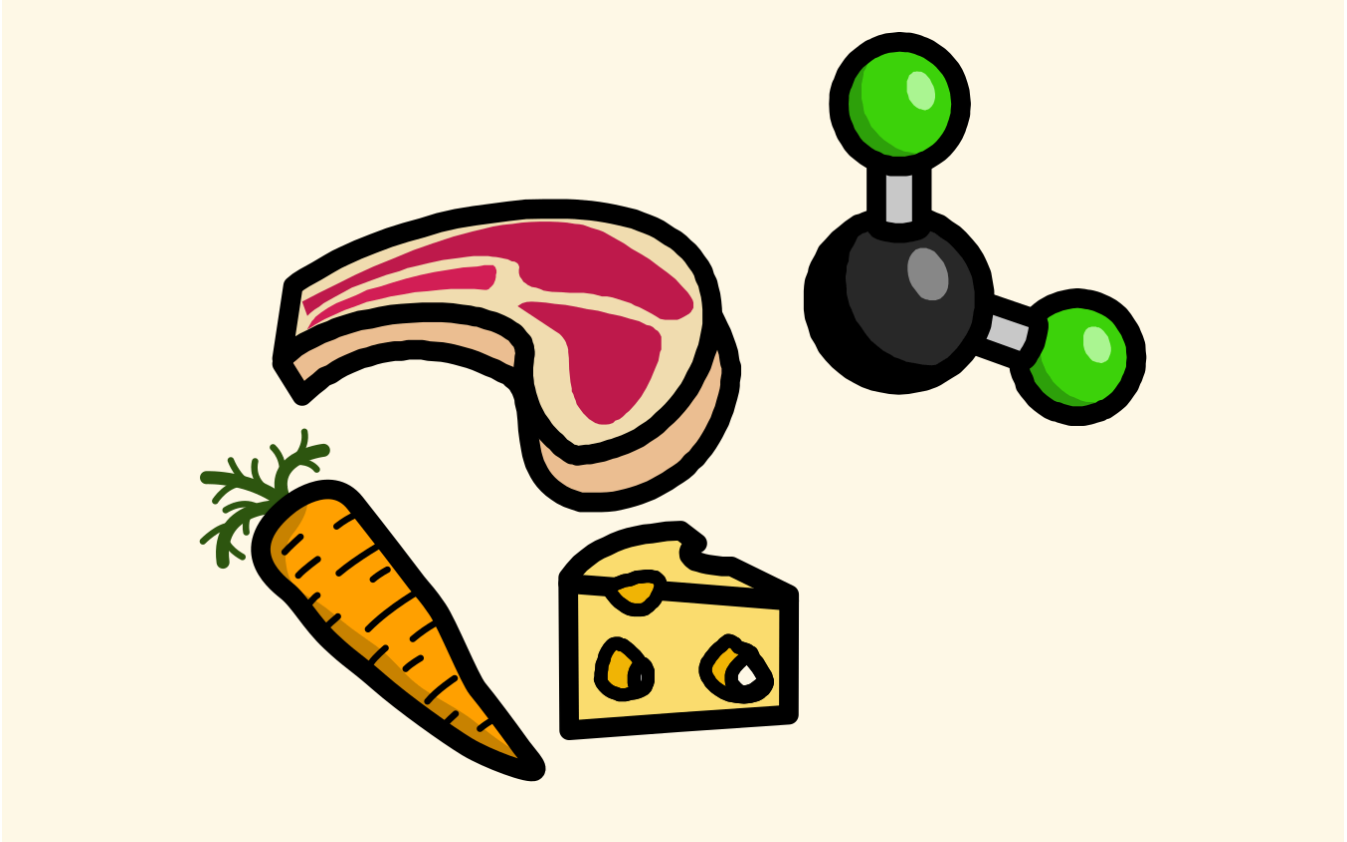
I usually eat my breakfast in the morning and have a drink.



My family usually eat and drink too.

Created in WidgitOnline.com for Westvale Primary School

Widgit Symbols © Widgit Software Ltd 2002 - 2026



Bodies get good things from food and drink.

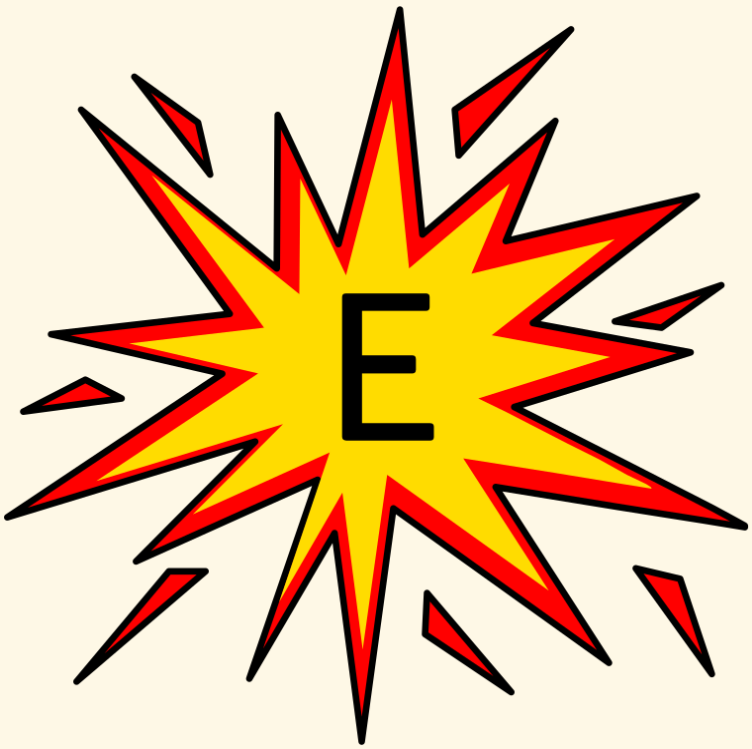
These good things are called nutrients.

People get energy from eating and drinking.

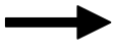
This is good.

Created in WidgitOnline.com for Westvale Primary School

Widgit Symbols © Widgit Software Ltd 2002 - 2026



Food and drink that is not used for energy in our bodies



turns into wee and poop.

Our bodies need to get the wee and poop out

to keep us healthy.

Created in WidgitOnline.com for Westvale Primary School

Widgit Symbols © Widgit Software Ltd 2002 - 2026

It is good to go to the toilet to wee or poop.

I could show my toilet symbol or sign 'toilet.'

I could say *"Toilet please."*

I could go alone or with an adult.

Created in WidgitOnline.com for Westvale Primary School

Widgit Symbols © Widgit Software Ltd 2002 - 2026

I can go to the toilet on my own or with an adult.

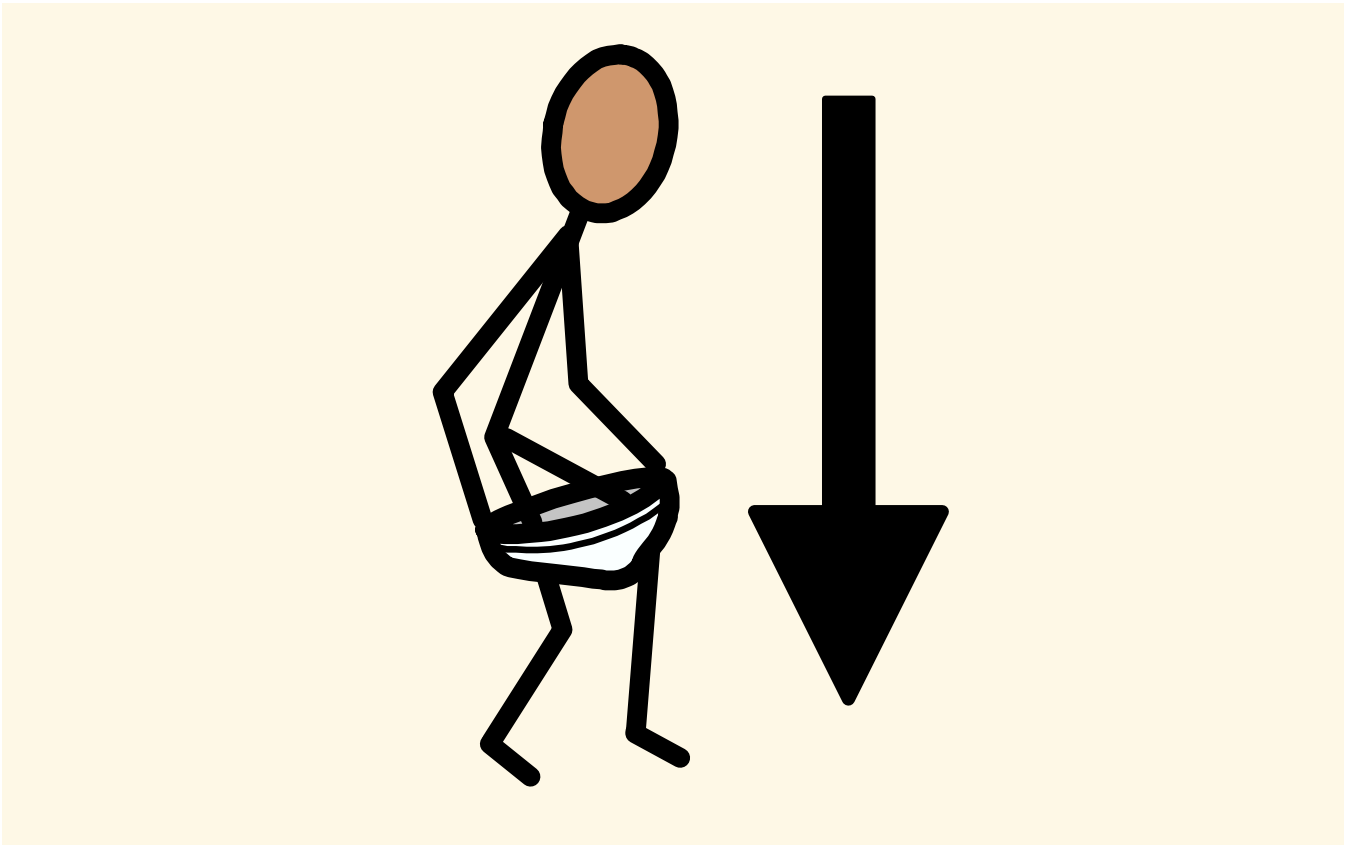
It might smell bad.

People might not like the smell.

This is okay.

Created in WidgitOnline.com for Westvale Primary School

Widgit Symbols © Widgit Software Ltd 2002 - 2026



I can go in the bathroom.

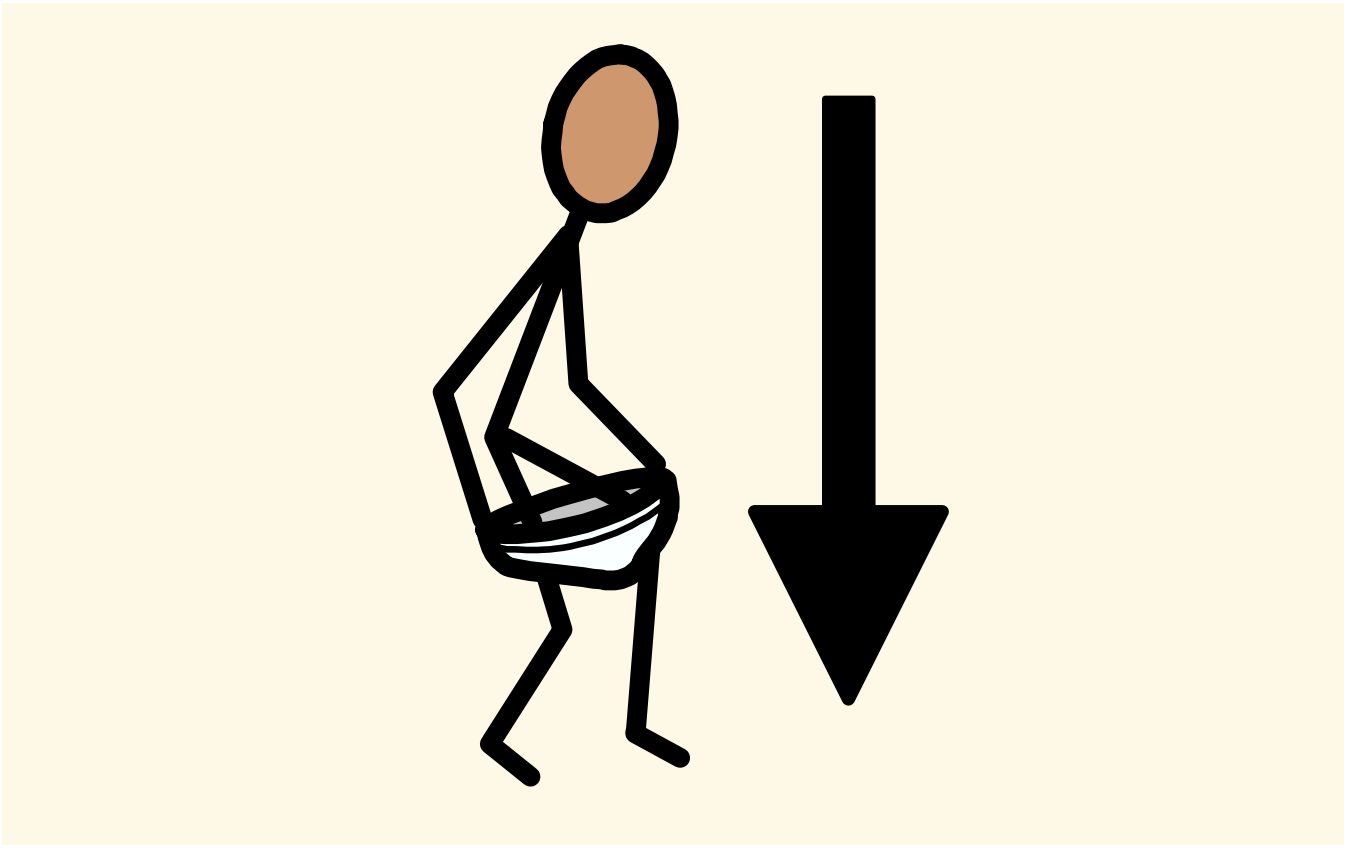
I can pull down my pants.

I can sit on or stand at the toilet.

I can try to wee or poop.

Created in WidgitOnline.com for Westvale Primary School

Widgit Symbols © Widgit Software Ltd 2002 - 2026



I can go in the bathroom.

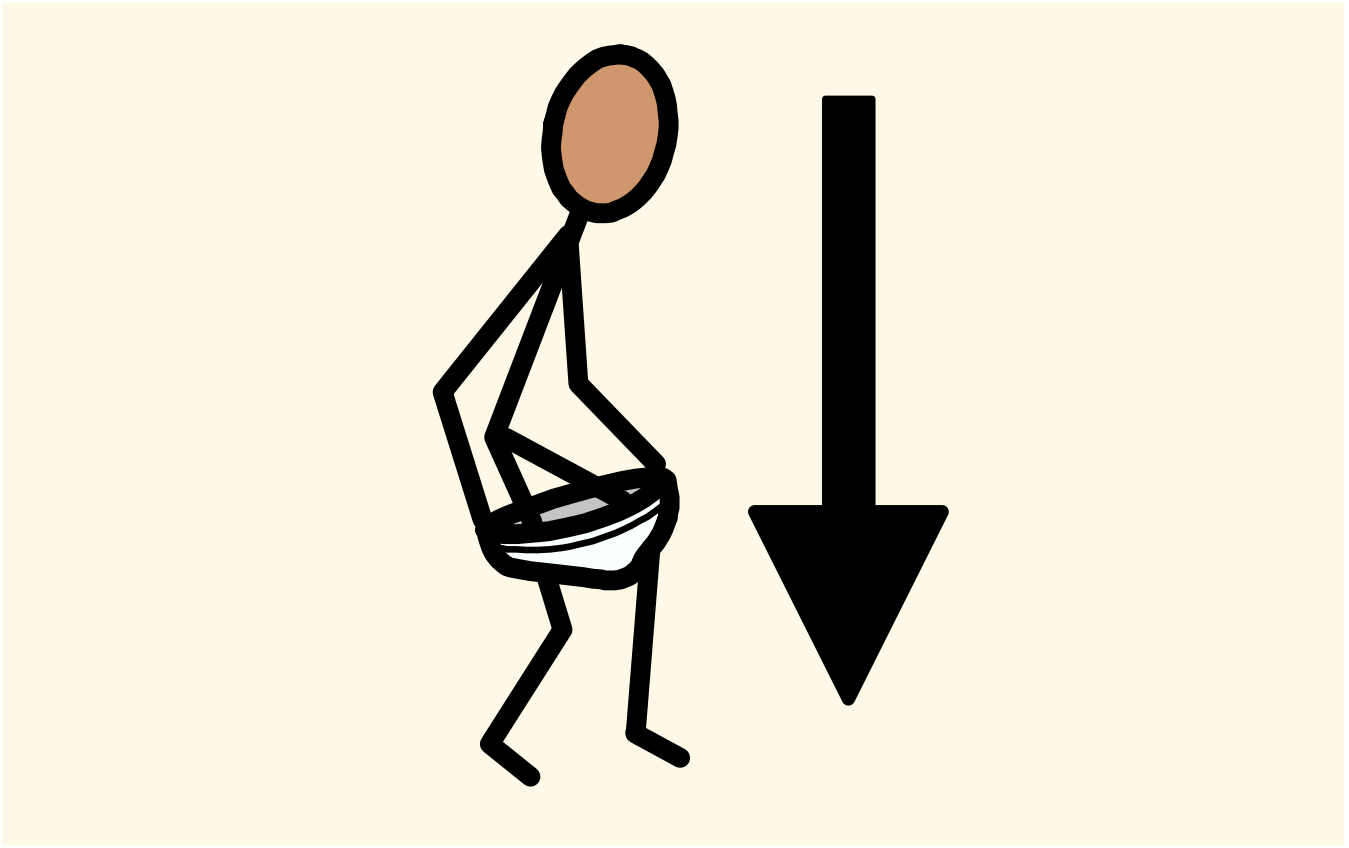
I can pull down my pants.

I can stand at the toilet.

I can try to wee.

Created in WidgitOnline.com for Westvale Primary School

Widgit Symbols © Widgit Software Ltd 2002 - 2026



I can go in the bathroom.

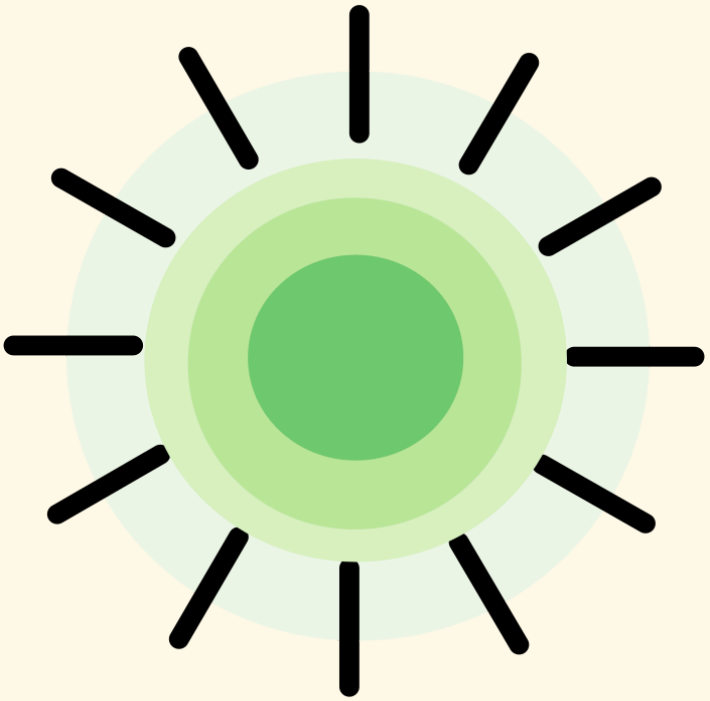
I can pull down my pants.

I can sit on the toilet.

I can try to wee or poop.

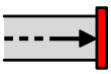
Created in WidgitOnline.com for Westvale Primary School

Widgit Symbols © Widgit Software Ltd 2002 - 2026



I might wee.

I might poop.


When I have finished

I can try

to wipe.

This is important and

will

keep me clean.

Created in WidgitOnline.com for Westvale Primary School
Widgit Symbols © Widgit Software Ltd 2002 - 2026

My adult might help me to wipe.

I can ask them to help me wipe.

I will finish wiping.

I will pull up my pants.

Created in WidgitOnline.com for Westvale Primary School

Widgit Symbols © Widgit Software Ltd 2002 - 2026

People should wash their hands after wiping.

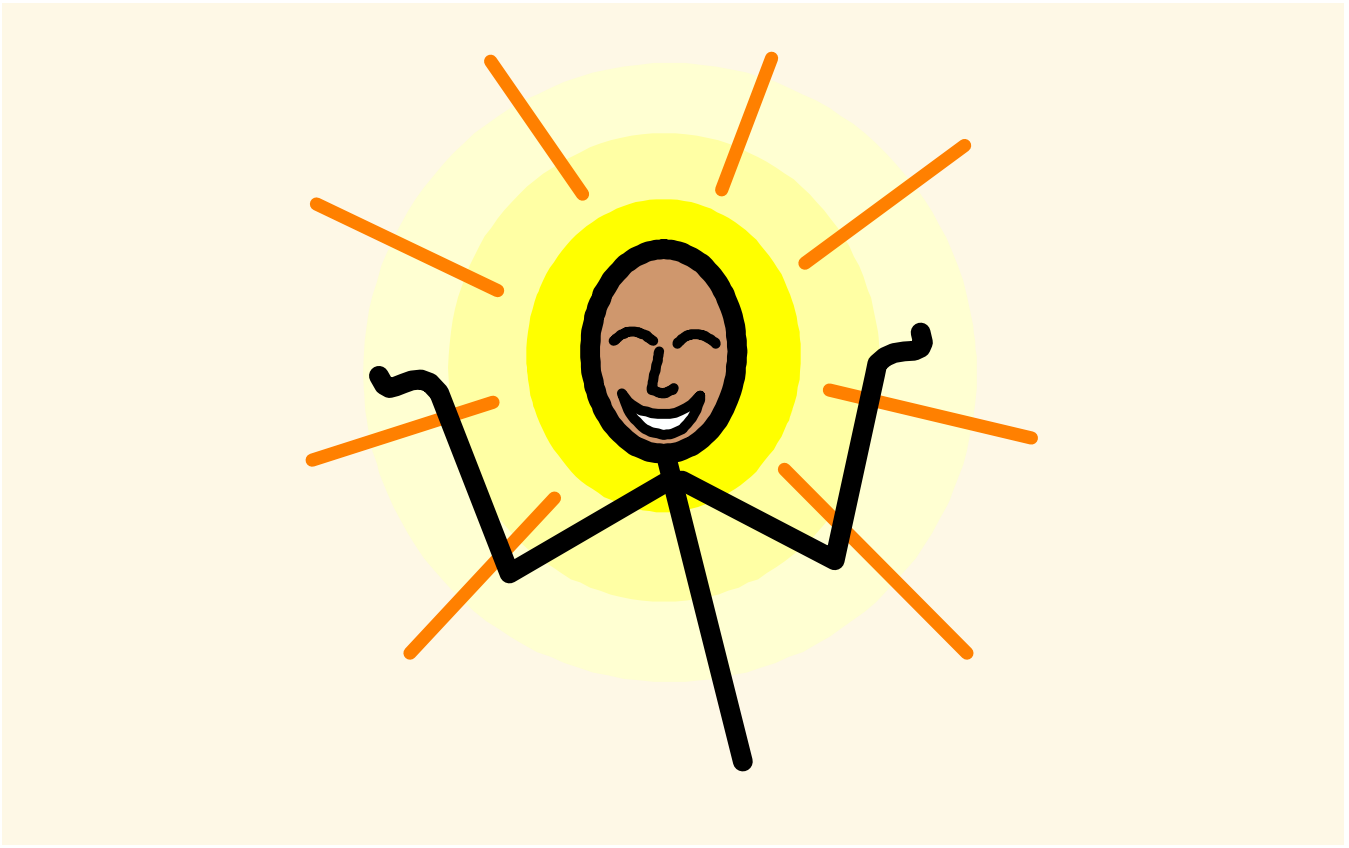
People should dry their hands after washing them.

Clean hands stop germs spreading.

This is good.

Created in WidgitOnline.com for Westvale Primary School

Widgit Symbols © Widgit Software Ltd 2002 - 2026



I can go to the toilet.

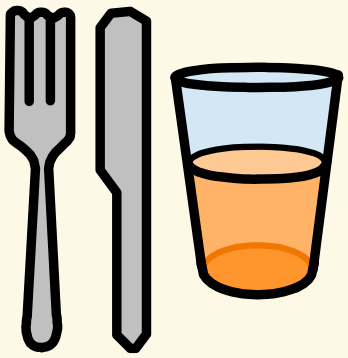
I can wash my hands after using the toilet.

Well done me!

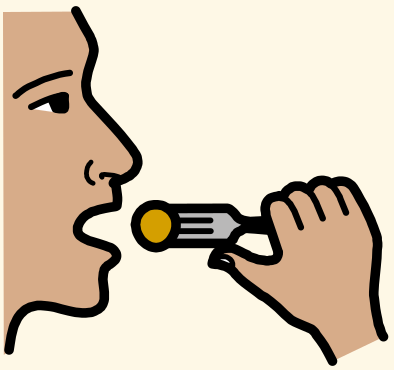
Brilliant.

Created in WidgitOnline.com for Westvale Primary School

Widgit Symbols © Widgit Software Ltd 2002 - 2026



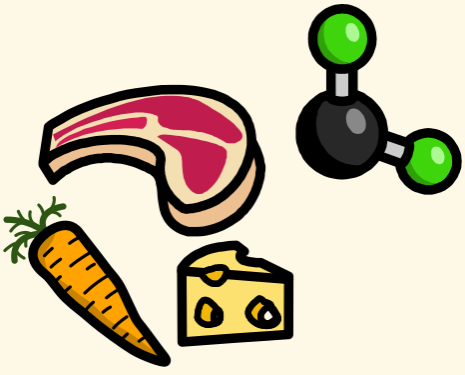
food and drink



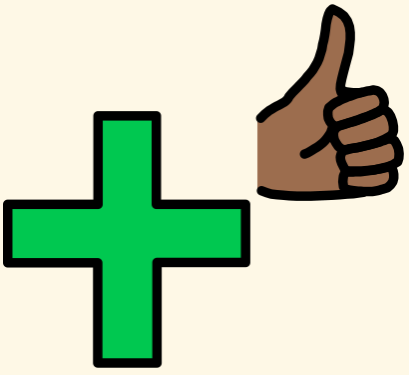
eat

drink

breakfast



nutrients



healthy

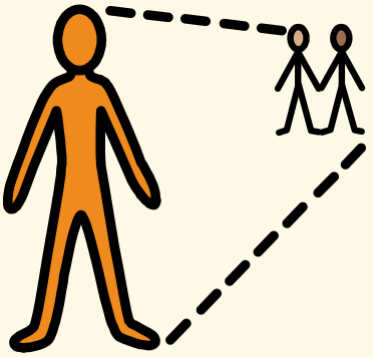
Created in WidgitOnline.com for Westvale Primary School

Widgit Symbols © Widgit Software Ltd 2002 - 2026

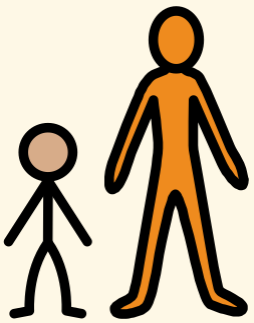
wee

poop

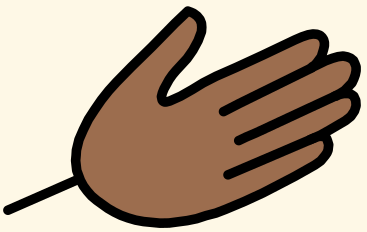
bathroom



alone



adult



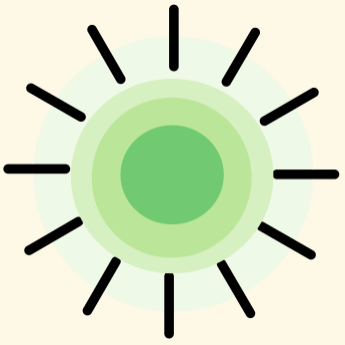
help

Widgit Symbols © Widgit Software Ltd 2002 - 2026

wipe

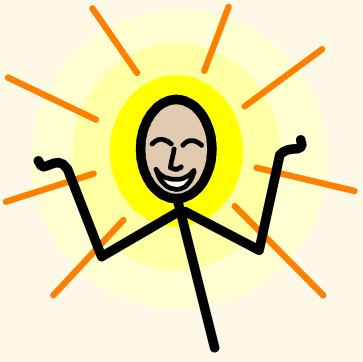
wash hands

dry hands



clean

well done



brilliant

Widgit Symbols © Widgit Software Ltd 2002 - 2026