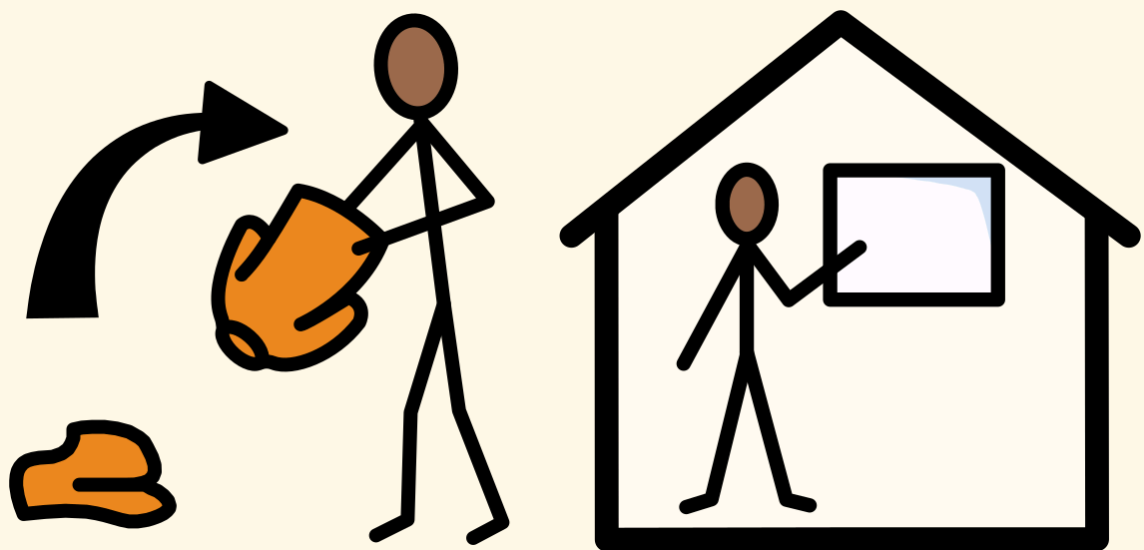




Getting Ready for School



A Story to Help



Getting Ready for School

Symbol Supported Story to Help

Published by Widgit Software Ltd

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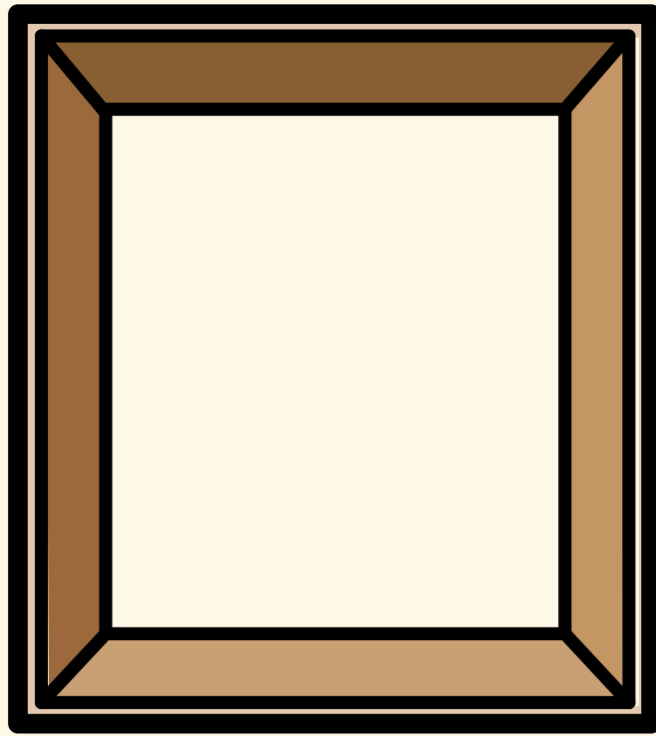
Story written and created in collaboration with Lynn McCann, Autism Specialist at Reachout ASC and author of 'Stories that Explain' published by LDA.

Web: <https://reachoutasc.com/>

Facebook: <https://www.facebook.com/ReachoutASC>

This resource was made primarily with a single skin-tone as it is intended to be used with a specific person. To personalise the story, you can customise skin-tones, change symbol colours and add your own photos. For more information on how to do this, access our free training webinars at <https://www.widgit.com/training/index.htm>

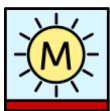
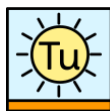
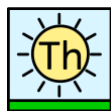
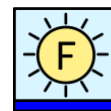
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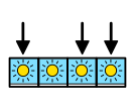
My name is



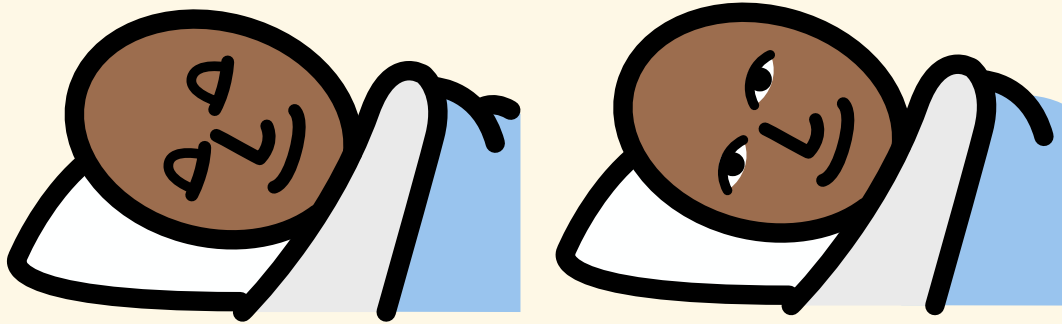
I am in class.



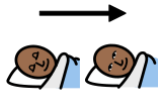
On Mondays, Tuesdays, Wednesdays, Thursdays and Fridays,



I normally need to get ready for school.



It can be hard



to wake up

and



get ready



for school.



There are jobs to do



before



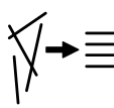
we leave the house.



My brain



might find it hard



to organise



the jobs.



This can be because

I am

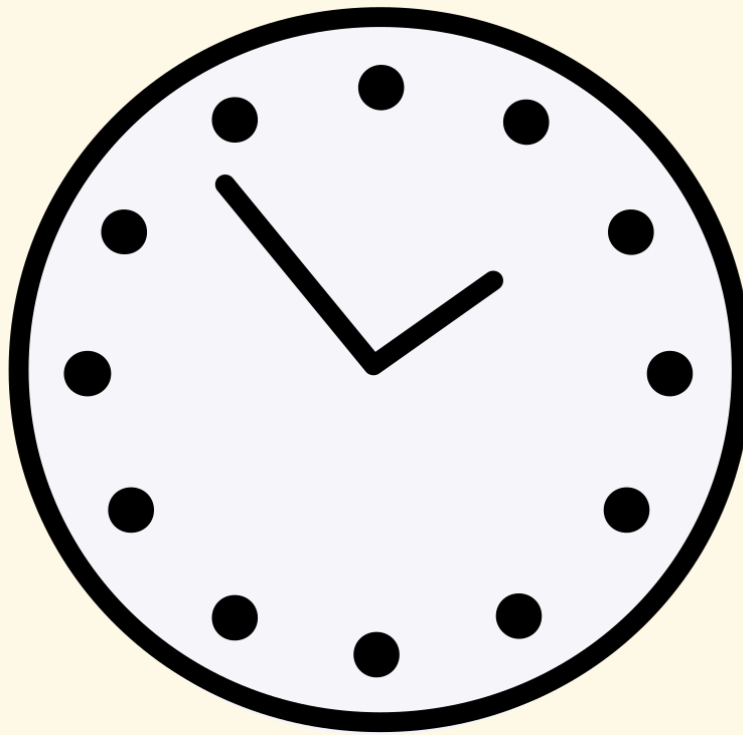


autistic

and



this is okay.



School

is



a place



most children



go.



School



starts

at the

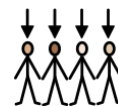


same



time

for



everyone.



This is so the register can be taken.



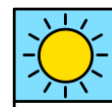
This is when we look at

our



visual timetable

for



the day.

1	_____
2	_____
3	_____



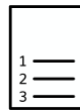
My parents and



I



can



make a plan.



This will help me



to get ready



for school.



This will help me



leave the house



on time.



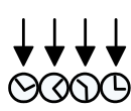
This is good.



My



Morning



Routine



1. Get out of bed when my alarm clock makes its noise.



2. Go to the toilet and wash my hands and face at the sink.



3. Brush my teeth.



4. Get dressed.



5. Put my shoes on.

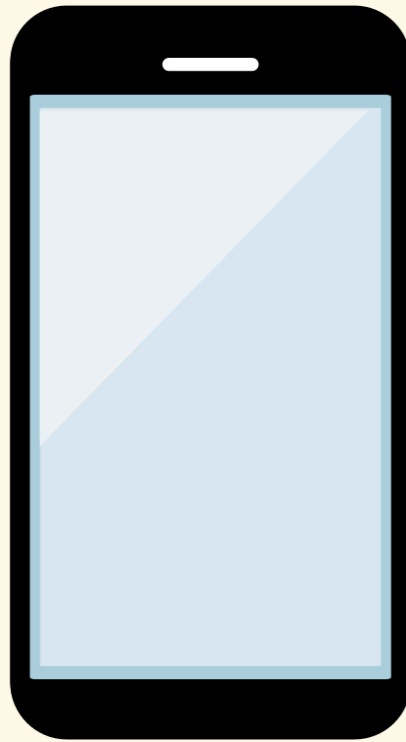


6. Have breakfast.



7. Time to rest, play or have some sensory time.





My parents'



phone



can give me

a



five minute



warning.



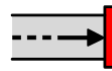
This will help



me know that



I have to



finish



playing.



I can



put my coat on

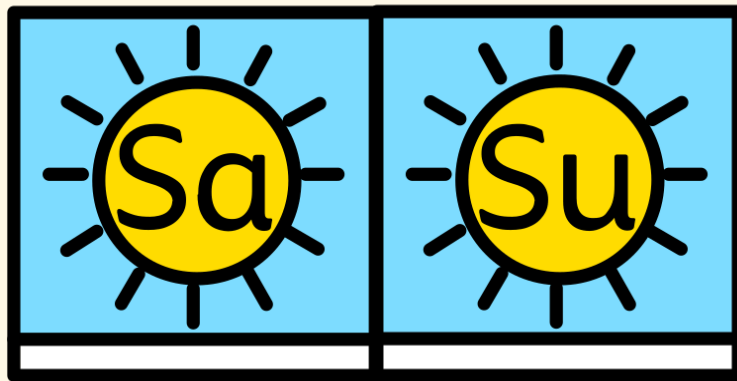
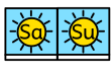
and



get my bag.



We can then leave the house.



At the weekend

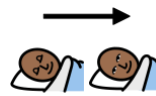


(Saturday

and



Sunday)



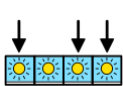
I can get up



later.



I



usually



do not go



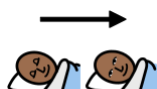
to school



at weekends.



In the school holidays



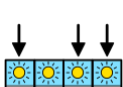
I can get up



later.



I



usually



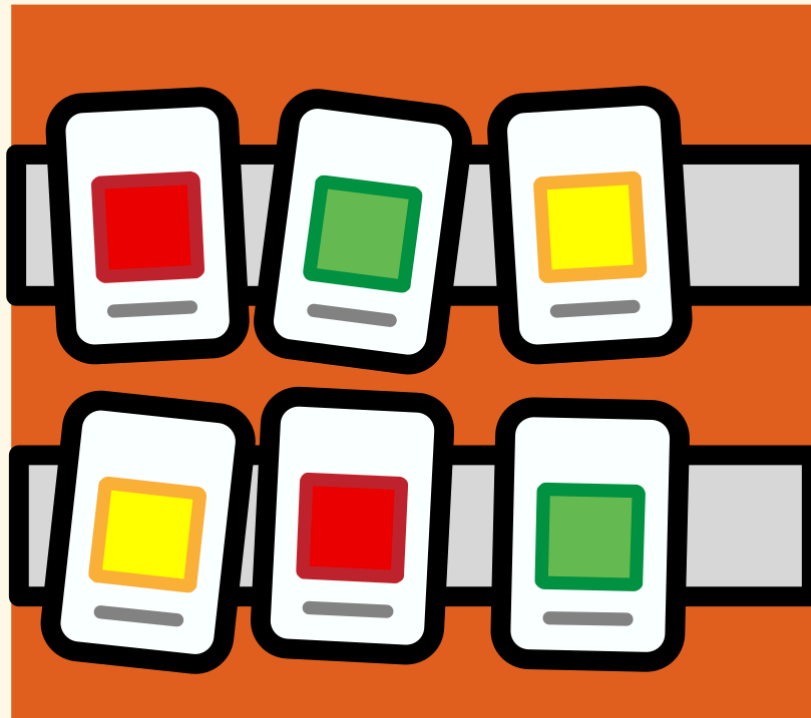
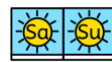
do not go



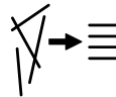
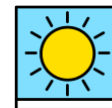
to school



in the holidays.



I might still use my visual timetable on weekends and holidays.



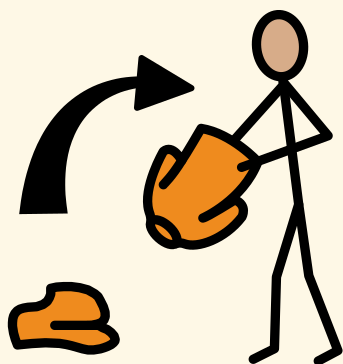
My visual timetable can help me to organise my days.



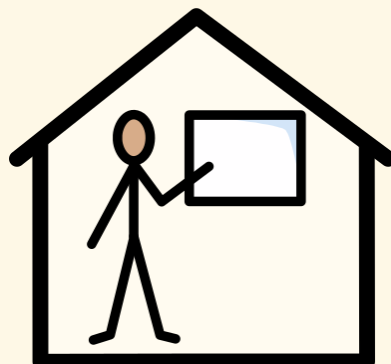
I can get ready for school.



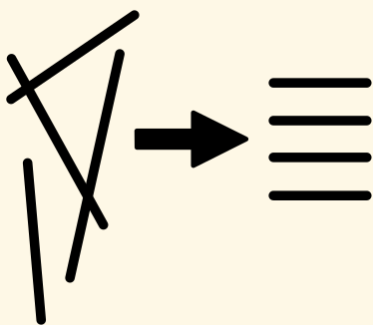
WELL DONE ME!



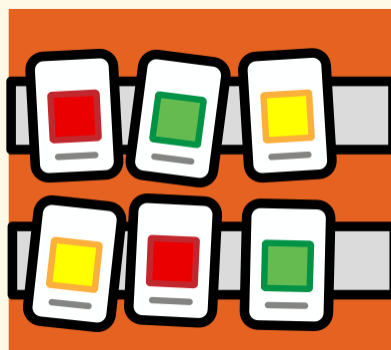
get ready



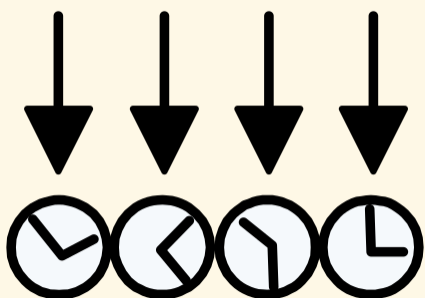
school



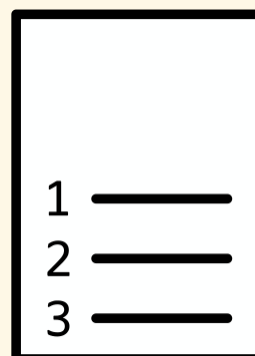
organise



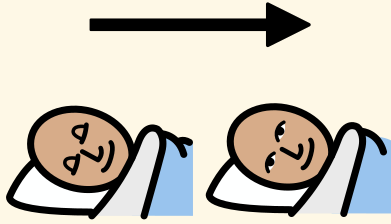
visual timetable



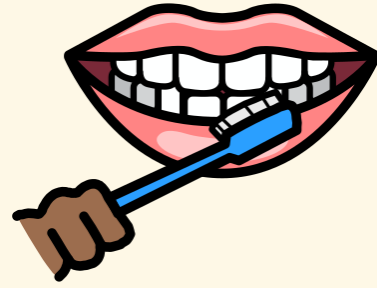
routine



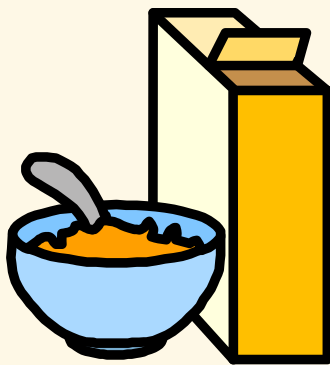
plan



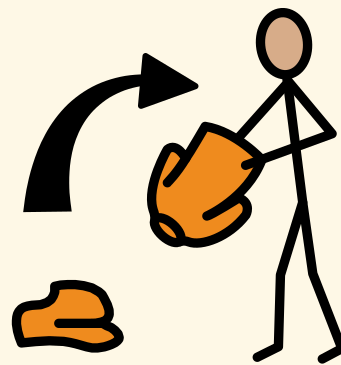
wake up



brush teeth



have breakfast



get dressed



shoes on



leave the house