



Westvale Primary School

"Striving for Excellence, Caring for All"

Headteacher: Mrs A Afflick

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26th May 2021

Dear Parents/Carers

As a part of your child's education here at Westvale Primary, we promote well-being and development through our Personal, Social, Health and Economic (PSHE) programme.

As you may be aware one aspect of our PSHE curriculum is Relationships and Sex Education (RSE). It is compulsory for all pupils receiving primary school education to take part in lessons which will focus on the RSE aspects of the programme. As our previous letter stated, you can look at our PSHE policy, RSE parents leaflet and coverage online on our school website.

I am writing to let you know that starting on 14th June 2021, your child's class will be beginning their RSE lessons. Over the following weeks children in Year 6 will take part in the following lessons:

- to be aware of self-image and develop their own self-esteem
- to discuss how bodies change during puberty and the importance of looking after themselves physically and emotionally
- to ask questions about changes during puberty and reflect on how they feel
- to describe how a baby develops from conception, through the nine months of pregnancy and how it is born
- to discuss how they feel about growing independent and becoming a teenager
- to identify what they are looking forward to and what worries them about the transition to secondary school

As a school we are committed to working in partnership with parents. To support our parental consultation process, if you would like to find out more, or want to discuss any concerns about the RSE programme, then please do not hesitate to contact your child's teacher via the school phone number. If required we will be available on Tuesday 8th June, 3.30 – 4.30 to answer any further queries/questions.

Thank you for your continued support,

Mrs Kelly & Mrs Afflick
(Subject leads for PSHE education)