



Westvale Primary School

"Striving for Excellence, Caring for All"

Headteacher: Mrs A Afflick
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Dear Parents/Carers,

As a part of your child's education at Westvale Primary, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education is the curriculum subject that gives children the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to let you know that, over the next few weeks, starting from June 7th (Summer 2), your child's class will be taking part in lessons which will focus on the relationships and sex education (RSE) aspect of this programme.

Lessons will be linked to our Jigsaw scheme and will include pupils learning about: Healthy relationships, including friendships; families; growing and changing, including puberty (Y5/6); personal hygiene; changing feelings; becoming more independent; keeping safe; developing self-esteem and confidence. All content will be age appropriate. Pupils will also have opportunities to ask questions.

Your child's class teacher will inform you for their individual class which aspects the class will learn about next half term.

PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. Please visit the school's website:

www.westvaleprimary.co.uk for more details about our PSHE and RSE curriculum and policy. All PSHE teaching at Westvale takes place in a safe learning environment and is underpinned by our school ethos and values.

We would like to invite you to look at our PSHE policy and content based on Jigsaw scheme and resources on our website to find out more about what your child will learn and discover how you can best support your child to discuss these topics at home.

As a school community, we are committed to working in partnership with parents; recent national parental feedback has indicated that the overwhelming majority of parents continue to be highly supportive of the RSE education programme in schools. If you would like to find out more or discuss any concerns, we would ask you to get in touch or to contact your child's class teacher.

Thank you for your continued support.

(Subject leads for PSHE education)
Mrs Kelly & Mrs Afflick

